

## American Heritage Girls Joining Award Requirements

For requirements for the Joining Award, see page 56 of the new Girl Handbook.

1. Oath is on page 13, 14 of Girl Handbook.

### ***The Oath***

I promise to love God, Cherish my family, Honor my country, and serve in my community.

2. Creed. Girl Handbook, page 15-17.

### ***The Creed***

As an American Heritage Girl, I will be compassionate, helpful, honest, loyal, perseverant, pure, resourceful, respectful, responsible, and reverent.

3. AHG sign. Page 48

### ***The sign:***

Made by raising 4 fingers on your right hand. This stands for the 4 parts of the AHG Oath. You give the sign when you say the oath or when you want a group to be quiet.

4. AHG Salute. Page 48

### ***The salute:***

Made by raising 4 fingers of right hand and bringing that hand just above eyebrows. Used when you are in full AHG uniform and see the flag pass and when you say the Pledge of Allegiance, as well as when you are in the Color Guard (in full uniform).

5. Pledge of Allegiance.

6. AHG mission statement. Page 12.

### ***Mission Statement:***

Building women of integrity through service to God, family, community, and country.

7. Uniform. Page 20, 21.

Tenderheart girls: white shirt, red vest, blue bottoms

Explorers: white shirt, blue vest, khaki bottoms

Pioneers: white shirt, sash, khaki bottoms

Patriots: red shirt, sash, khaki bottoms

8. Requirement #1 of the "Our Flag". Page 110.

Req. #1 of Our Flag badge (see the handbook for complete details):

- Learn how to carry the flag in a flag ceremony. Page 54.
- Learn how to display the flag during troop meetings and ceremonies. pg. 52.
- Learn how to display the American flag along with other flags, such as a state flag.
- Learn the proper way to carry the flag in a parade by itself and with other flags. Pg. 52.
- Learn what you should not do with the flag.
- Learn how to properly fold the flag.

9. History of AHG. Pg. 11

### ***The History of the American Heritage Girls:***

American Heritage Girls was founded in 1995 in West Chester, Ohio by a group of parents wanting a wholesome scouting program for their daughters. These parents were disillusioned

with the increasing secular focus of existing scouting organizations for girls. They wanted a Judeo-Christian focused organization for their daughters and believed that other parents were looking for the same for their daughters. This became the catalyst for the birth of the organization we have come to know as the American Heritage Girls.

American Heritage Girls began its first year of programming in the fall of 1995 with about 10 troops and roughly 100 members. Most of the troops met in the West Chester area and worked on badges written by the founding parents. Organizational events were started that year which assisted the organization in tying city-wide troops together.

American Heritage Girls is a nonprofit organization dedicated to the mission of building women of integrity through service to God, family, community and country. The organization offers merit badge programs, service projects, girl leadership opportunities and outdoor experiences to its members. This program of character building has successfully served thousands of girls since its inception and will continue to do so long into the 21st century.

The founders of the American Heritage Girls and the volunteers of today give all credit for the success of AHG to God for His constant hand upon the organization and His unceasing blessings.

10. Safety. Pg. 46.

11. Conference with Leader.